

MANPOWER

Before you resort to harsh chemicals, try using a little extra elbow grease to remove stains or residues.

WHITE VINEGAR, WATER & SALT

Clean Galley and Head

A combination of vinegar and water can be used to clean galley and head countertops.

Window Washing and Mirror-Cleaning

Mix 1 cup vinegar with 1 quart of warm water.

Remove Mildew Build-up

Apply a paste of vinegar and salt, and scrub.

Brass Cleaner

To get brass shiny again, use a paste made of salt, vinegar, and water.

WATER

This all-purpose odor absorber can take the place of any scouring powder. It's a proven fiberglass stain remover, but it will require more elbow grease than chemical cleaners. You can also mix it with water to make a paste that cleans and polishes stainless steel. (Salt crystals and baking-soda paste can be abrasive if not used carefully. Nothing abrasive should ever be used on Awlgrippd or painted topsides.)

MARGARINE

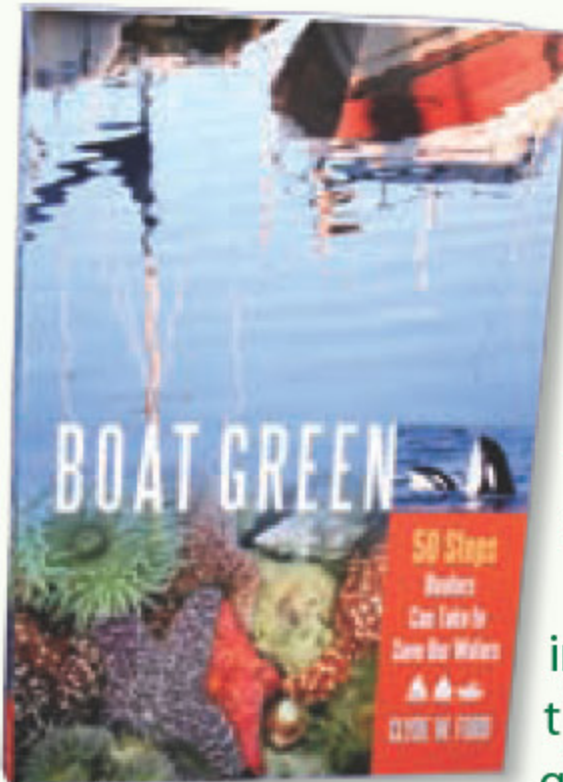
This baker's staple can double as hand cleaner, as can baby oil.

Please Try This at Home

'Boat Green' offers eco-friendly recipes for marine maintenance.

These days, consumers can choose from a bevy of how-to books with tips on "greening" their lives. Advice abounds on everything from going solar to growing your own organic veggies. But one niche that has seen less attention is the boating market.

One of the few boating-specific resources that *Practical Sailor* editors have stumbled across is cruiser and Ecomarine Institute Director Clyde W. Ford's new book, "Boat Green." This 2008 release gives eco-conscious mariners 50 steps to follow to reduce their impact on the environment. Well-written and well-organized, the book offers a practical approach to being a green boater without compromising the sailing lifestyle or the boat's upkeep and performance.



The basic steps deal with four main aspects of boating and the marine environment: crew and vessel health and safety; vessel operation and maintenance; enjoyment of boating and marine world; protection of our waters and marine environment.

Intro chapters address boating in terms of how we impact the waterways, oceans, and global warming. Readers won't find lectures or dooms-day preaching in this book, but they will find easy, common-sense ways to ease their burden on the watery world we all enjoy.

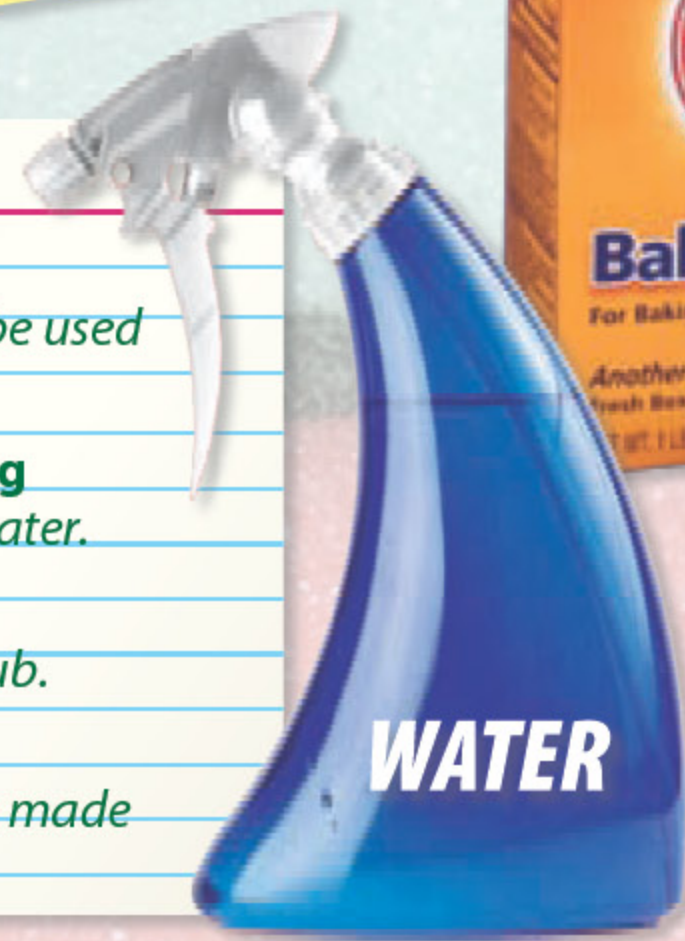
Among the useful tidbits in the book is Ford's "Recipes for a Clean Boat"—a list of common household products that work as alternatives to harsh cleaners. Even though there is a growing number of cleaning products on the market geared toward the eco-conscious mariner, they are not always affordable or available in many ports. Not a problem—there are several homebrews that can be just as effective.

Here, *PS* editors offer a few of Ford's recipes, along with a few of our own. Look for them to be tested against their store-bought counterparts in future *PS* tests.

"Boat Green, 50 Steps Boaters Can Take to Save Our Waters," by Clyde W. Ford, *New Society Publishers*, \$18, www.newsociety.com

OLIVE OIL & ALMOND OIL

If you're looking for a yummy-smelling, shiny saloon, rub down your interior wood with olive oil or almond oil. Apply a small amount to a rag and polish.



KETCHUP
can also be used to polish brass; just pour it on, let it sit, then polish.



LEMON JUICE

Mildew Remover

An effective mildew remover is a solution made with one-part lemon juice and one-part salt.

Interior Wood Polish

Lemon juice is a good ingredient for polishing interior wood: Mix a half-cup lemon juice with 1 cup vegetable oil, olive oil, or mayonnaise, and apply it with a rag.